

“My loved one is happy, engaged, safe, and supported, and I feel relieved and able to accomplish what I need to do during the day. Gives me a mental break. I also appreciate the support as I navigate something very new to me such as caregiving.”

—FAMILY CAREGIVER

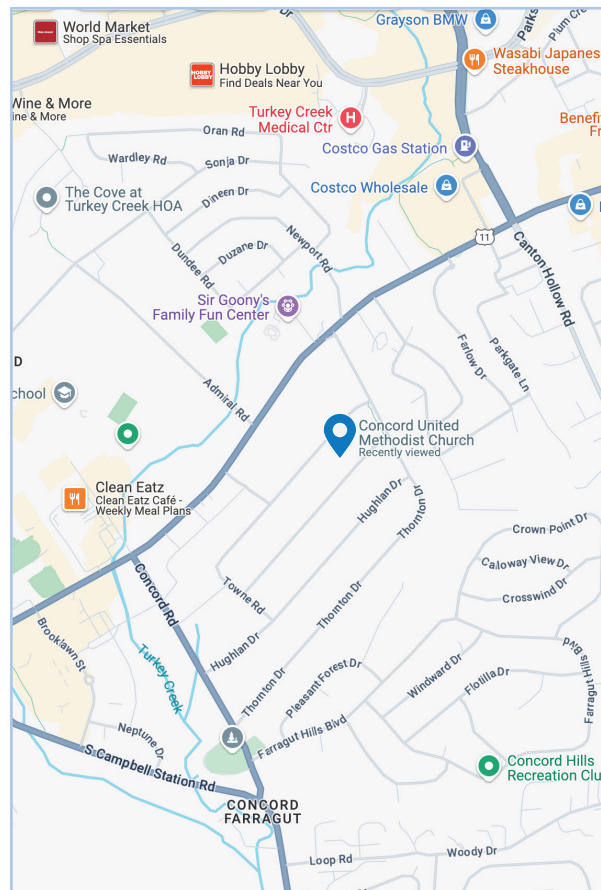
Hours of Operation

Monday–Friday 8:30 a.m. to 4:30 p.m.

Participants attend scheduled days and hours after enrollment.

Licensed by the State of Tennessee Department of Human Services to conduct and maintain an adult day care center.

All participants are accepted regardless of religious affiliation, race, ethnicity, or gender.



CADES is located inside Concord United Methodist Church.
Enter parking lot from Roane Dr. and enter the West 1 door.

Concord Adult Day Enrichment Services

11020 Roane Drive,
Knoxville, TN 37934
865-675-2835

www.concordumc.org/CADES

CADES@CONCORDUMC.ORG



IMPROVING THE
quality of life
FOR SENIOR ADULTS
& THEIR CAREGIVERS

What is CADES?

CADES—Concord Adult Day Enrichment Services—is a licensed adult day center dedicated to providing a safe, structured, and caring environment for senior adults whose needs prevent them from staying at home alone.

Our program helps maintain each participant's level of functioning as long as possible by promoting independence, dignity, and self-worth. CADES provides support to caregivers through respite, education, and resources.

CADES serves senior adults who are:

- Ambulatory or semi-ambulatory
- Capable of basic self-care
- Able to adapt to a group setting
- Experiencing depression, social isolation, or memory loss.

Admission Process

- Self-referral, physician referral, or community referral
- Scheduled assessment interview with participant and caregiver
- Medical examination report required prior to enrollment

Why CADES?

Structured programming helps participants maintain or improve their functioning ability for as long as possible.

Social interaction helps participants avoid isolation and loneliness that may lead to depression.

Trained staff specializes in working with individuals with dementia or memory loss. CADES is also a training site for student interns.

Our ongoing support, education, and respite provides the skills for more effective caregiving.

Our Services

Nutritional Snacks	Pet Visits
Wellness Checks	Educational Programs
Exercise Programs	Arts and Crafts
Active and Passive Games	Gardening/Outdoor Activities
Reminiscent Activities	Guest Speakers
Intergenerational Contact	Music Programs



Who We Serve

YOUR LOVED ONE

We enable our participants to continue to remain in their homes as long as possible.

We are committed to showing dignity and respect assisting those with differing abilities.

YOU, THE CAREGIVER

Our mission is to enhance the quality of life for those who find themselves responsible for the safety and care of loved ones who should no longer be left home alone. Caregivers can resume a more normal schedule while participants are in our care during the day.

