











## **PARENTS**

We love to tell kids that prayer is just a conversation with God. One definition defines prayer as "talking to God and listening to Him." This definition evokes a conversational attitude where two people are talking and listening to each other.

Our communication with God is not just important in the quiet times we spend with Him, but we should be the outward example of that communication as we lead children to discover how to talk to and listen to God. We believe as children discover a closer relationship with God through prayer, they will grow deeper in their faith and understanding of Him!



## DEAR FRIEND,

We want you to think of your very best friend - What do you do with them? Talk to them? Of course! When we want to become friends with someone, we begin talking to them about what is going on in their life...the good and the bad. Jesus wants to be our very best friend. The best way we can get to know Him is to talk to him and we do that through prayer.

The more we learn about prayer, the easier that becomes. The easier it becomes, the more fun it is. Praying and talking with Jesus will become an important part of your day. We hope you will use this prayer journal to make real connections with Jesus through conversations every day. Then, you will truly experience the presence of God, which will change your life forever.

#### Some great times to pray are:

- Before the day begins
- Before you go to school
- Before you hang out with friends
- Before practice
- Before you play a big game
- · Before you go to bed
- · When something good or bad happens



## THE LORD'S PRAYER



The Lord's Prayer is a familiar prayer in Christianity. This prayer is found in two locations in scripture: Matthew 6:9-13 and Luke 11:2-4. The Matthew version is the one that most closely resembles the version prayed in churches. The prayer resembles a traditional Jewish prayer in structure and language: acknowledging God's character, praising, petitioning, and expressing desire for the kingdom of God. We pray this prayer collectively and individually.

#### THE LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name.

Thy kingdom come.

Thy will be done

on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

For thine is the kingdom and the power, and the glory,

forever and ever.

Amen.

## **Jesus Teaches Us How To Pray**

In these verses, Jesus teaches us how to pray. When we pray, we talk to God. We don't pray to make other people think that we are good.

Instead, we pray because we love to talk to God!

Listen to how Jesus teaches us to pray.

#### Read Matthew 6:5-8



Over the next five days, you will be learning a new verse. Repeat this part of the verse five times, once for each of your fingers. Then, see if you can say it from memory while you color the picture above!

Do not be anxious about anything.
Philippians 4:6

## An Amazing Promise! Read John 14:13-14

God does not always answer our prayers with a "yes". Sometimes He answers with a "later" and sometimes He answers with a "no".

But, Jesus promises us that there are some prayers that will always get a "Yes" - when we pray "in Jesus name." These are "promise prayers".

Praying "in Jesus' name" means that we believe in Jesus as our Savior and we are asking for something that the Bible tells us to pray for. Read the verses below, then read the promise prayers. These are prayers that you can pray today!

#### Read John 14:15

Dear God, please help me to love You and keep Your commandments.



## Read John 15:12

Dear God, please help me to love other people!



#### Read John 15:8

Dear God, please help me to be Your disciple.



Do you remember your verse? We are going to add a new part today. Say this verse five times, jumping or clapping at each bold word.

Do **not** be **anxious** about **anything**, but in **every** situation, Philippians 4:6

Can you say it by yourself? If so, color the happy face!



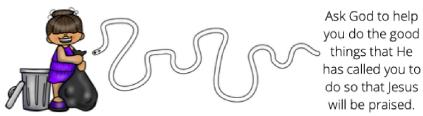
## **Praying in Jesus' Name**

In the Bible, Paul prayed for the Christians who were living in Thessalonica. You can pray these prayers, too! Read the verses below, then trace the lines to a prayer that you can pray.

#### Read 1 Thessalonians 3:11-13



#### Read 2 Thessalonians 1:11-12



#### Read 2 Thessalonians 3:16



Today, we are going to add two "P" words to your verse - Prayer and Petition. Petition is asking God for things. It is good to pray and to ask God for things that we need. Say the verse below five times, saying your "P" words loudly!

Do not be anxious about anything, but in every situation, **by prayer and petition, with thanksgiving,**Philippians 4:6



## What Should I Pray About? Read Philippians 4:4-7

God tells us that we shouldn't be anxious or worried about anything, but that we should pray about EVERYTHING! He doesn't promise that He will always answer "yes" to everything we ask Him for, but He still wants us to talk to Him about everything that we are feeling, thinking, and needing. God does promise that, when we bring our requests to Him, He will give us peace. Circle all of the things that are true below.



I can pray when I am sick, or when somebody else is sick.

I can pray when I am having fun, happy, or thankful.



l can pray when I am scared or worried.





We are going to add the last section to our verse today! Can you say all of it?

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, **present your requests to God.** Philippians 4:6



#### When God Answers "No"

Can you think of a time that you prayed and asked God for something, but you didn't get what you asked for? Sometimes God answers our prayers with a "no" because He knows what is best for us!

#### Read Isaiah 55:8-9

How much higher are God's thoughts than our thoughts? Put an "X" on the picture below:



Paul had an illness or problem that he called his "thorn in the flesh". He asked God to take it away three different times, but God said "no". In the end, Paul realized that God's "no" was what was best for Paul.

#### Read 2 Corinthians 12:7-10

We may not always understand why God says "no" to our prayers. But, we can trust that God loves us and that His "no" is what is best for us, even if we can't see the reason or understand it.





Can you say your whole verse today?

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6



## A Simple Way to Pray

Jesus' disciples asked Jesus to teach them how to pray. He gave them an example prayer to follow. We call this "The Lord's Prayer".

#### Read Matthew 6:9-13

In this prayer Jesus teaches us to praise or worship God, confess our sins, and ask God for what we need. We can also see, from other Bible verses, that we should be praying thankful prayers, too. There are four kinds of prayers that we can and should be praying:

#### Praising Prayers



Dear God, You are so amazing! You made the heavens and the earth!

Confessing Prayers Dear God, I sinned by disobeying You. I am sorry. Please help me to obev You.



#### Thanking Prayers



Dear God, thank you for giving me food to eat, a good home, and a family!

#### Asking Prayers

Dear God, please help me to love You and serve You with all my heart!



Take a moment to talk to God now. Praise Him for something He has done. Tell Him that you are sorry for your sins. Thank Him for something He has given you. And, ask Him for something that you need.

Tap your fingers on the table as you say the verse below, one tap for each word. Tap your thumb two times the first time you say it. Then, tap your index finger two times the second time you say it. Give each finger a turn to be tapped twice!

I call on you, my God, Psalm 17:6

## **Paul's Asking Prayer**

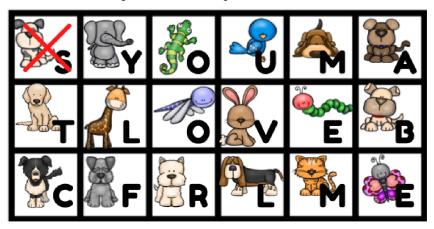
Paul prayed for people in a church. He asked that Jesus Christ would live in their hearts through faith and that these people would understand how BIG God's love was for them.

#### Read Ephesians 3:14-19

Cross out all the dog pictures below. (The first one is done for you.)

Then, read the hidden message to finish the prayer!

#### Dear God, please help me to know that...



**God's love is so BIG that we can never fully understand it!** But, Paul prayed that the people would understand and know God's love better. You can pray this prayer, too! Ask God to help you know His love better. Then, pray it for someone else. If you are ever feeling alone or scared, ask God to help you know His great big love for you.

Today, we are starting on a new verse. As you say this verse, point to yourself when you say "I" and "me". Cup your hands around your mouth when you say "call". Touch your ear when you say "will answer."

Point up to the sky when you say "God" and "you".

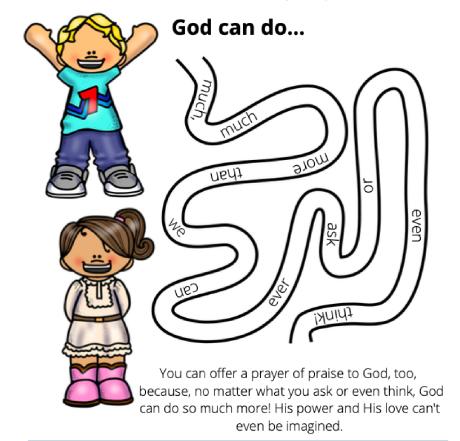
I call on you, my God, **for you will answer me**; Psalm 17:6

### **Paul's Prayer of Praise**

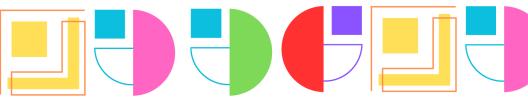
Yesterday, we read an asking prayer that Paul prayed. He asked that Jesus Christ would live in the people's hearts through faith and that these people would understand how BIG God's love was for them. Today, we are going to look at how Paul praised God in this same prayer.

#### Read Ephesians 3:14-21

Trace the maze below to discover why Paul praised God.



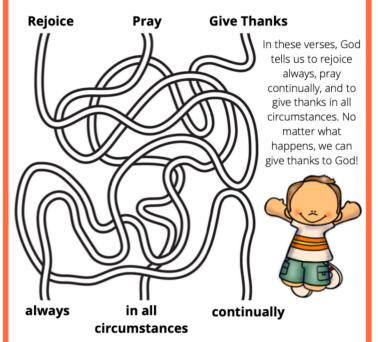
I call on you, my God, for you will answer me; **turn your ear to me...** Psalm 17:6





## **Giving Thanks**Read 1 Thessalonians 5:16-28

Trace the paths below, using different colors, to discover how we should pray:



Are you ready to add another part to your verse? Say the last part of this verse in a loud voice, then make it echo, getting quieter and quieter each time you say. Then, add it to the whole verse.

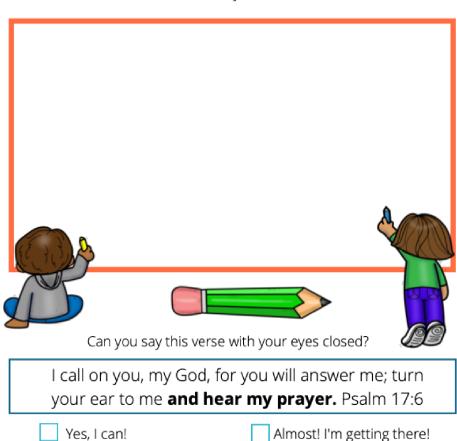
Can you say the whole verse in a whisper?

I call on you, my God, for you will answer me; turn your ear to me **and hear my prayer.** Psalm 17:6

# Paul's Prayer of Thanksgiving Read Philippians 1:3-11

Paul wrote a letter to the Christians in a church in a city called Philippi telling them that he prayed for them and that he always thanked God every time he thought of them. Paul told the Philippians that he knew that God had started working in their hearts and that God would finish His good work - making the people more and more like Jesus Christ.

Who can you thank God for? Draw a picture of this person below. Then, pray and thank God for him or her. Ask God to help him or her grow to love and obey God more.



## Confessing Our Sins Read Romans 3:23

How many of us have sinned? (Color in the correct circle.)		
All of us.	Only Adults.	
Some of us.	Olt doesn't matter.	
Read 1 John 1:8-9		
What does God promise to do for us if we confess our sins?		
Make us rich.	Forgive us.	
Send us to church.	Nothing.	
When we confess our sins, we pray to God and admit that God is rig		

When we confess our sins, we pray to God and admit that God is right and we are wrong. In confession, we stop trying to hide from God and instead we agree with God about our sins. We tell God that we are sorry for sinning against Him and disobeying Him. In confession, we ask God to give us the strength to turn away from our sin.

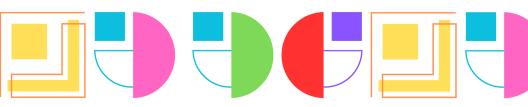
When we confess our sins, God promises to forgive us!



Try saying these verses again today. If you have someone memorizing with you, make a game of it. Start saying the verse, then stop suddenly. See if the other person can say the next word.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6

I call on you, my God, for you will answer me; turn your ear to me and hear my prayer. Psalm 17:6





### **Prayer that Led to Lions**

A long time ago, there was a man named Daniel who loved God and prayed every day. There were also some evil men who wanted to kill Daniel. They convinced the king to make a law that if anyone prayed to God, they would get thrown into a lion's den. Do you know what Daniel did?

#### Read Daniel 6:10-11

Daniel kept right on praying. The evil men told the king and Daniel was thrown into the lion's den.

#### Read Daniel 6:16-23

Connect the dots to finish the picture below, then color it.



We are going to start learning a prayer of confession. "Iniquity" is a big word, but it means sin or disobeying God. In this verse, King David is asking God to wash away the sin in his heart and to forgive him for disobeying God. Try saying this part of the verse five times, one time for each finger.

Wash away all my iniquity... Psalm 51:2



## **Daniel's Prayer of Confession**

Some time after Daniel had been thrown in the lion's den, he prayed a prayer of confession for himself and his people.

#### Read Daniel 9:3-5

When we confess our sins, we come before God and admit that God is right and we are wrong. We stop trying to hide our sins from God and instead agree with God about our sins. We tell God that we are sorry for sinning against Him and disobeying Him. We ask God to give us the strength to turn away from our sin.

Daniel confessed his sins and the sins of his people. He admitted that God is right and that he and his people had been wrong.

#### Read Daniel 9:13-14

Daniel confessed that he and his people had sinned in four ways:



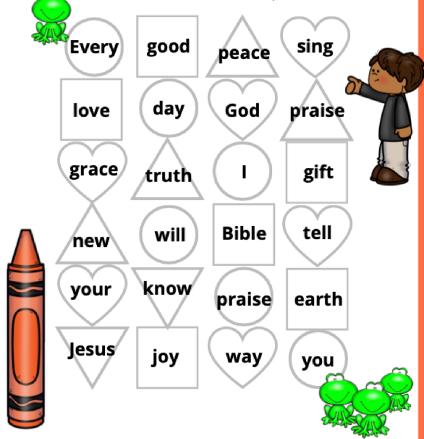
- They did not pray to God and seek His favor. Instead, they ignored God.
- They did not turn away from their sins.
- They didn't pay attention to and love God's truth.
- They didn't obey God.

Have you ever sinned in these ways? If so, pray and confess your sins to God today. Ask God to help you **seek Him** with your whole heart, **turn away from your sins**, **love His truth**, and **obey His voice**.

Wash away all my iniquity, **and cleanse me from my sin.**Psalm 51:2



Help the frog jump across the swamp by coloring only the circles to discover how often David praised God!



#### Read Psalm 145:1-3; 8-10; 17-21

David praised God because God is good, full of compassion, trustworthy, faithful, merciful, righteous, and near to those who call on Him.

Wash away all my iniquity, and cleanse me from my sin.
Psalm 51:2



## **David's Prayer of Confession**

When David sinned against God, he confessed his sins. Read David's prayer of confession.

#### Read Psalm 51:1-4 and 10-12

When we confess our sins to God, God promises to forgive us.

Today, we are going to review some verses. With an adult's help, look at the pictures below and talk about what the pictures show. Then, have an adult read the verses to you. When they stop at a word, point to the picture of the next word.



I call on <u>(you)</u>, my God, for <u>(you)</u> will answer <u>(me)</u>; turn your <u>(ear)</u> to <u>(me)</u> and hear my <u>(prayer)</u>. Psalm 17:6

Do not be <a href="mailto:(anxious)">(anxious)</a> about anything, but in every situation, by <a href="mailto:(prayer)">(prayer)</a> and petition, with thanksgiving, present your requests to God. Philippians 4:6

(Wash) away all my iniquity, and cleanse (me) from my (sin) . Psalm 51:2



### A Prayer of Thanksgiving

When we pray, we can thank God for all of His good gifts! As you listen to the Psalm, circle the pictures of the children who are thanking and praising God. Put an X on the pictures of the children who are not thanking and praising God. Do you thank God each day?



Here is a new verse to work on. Say this verse section. Say it again really slowly. Say it again super fast! Can you say it with your eyes closed?

Give thanks to him [God]... Psalm 100:4b-5a



## **David's Prayer of Asking**

King David asked God for different hearts! We can ask God for these hearts, too. Read the verses below. Then, trace and color in the hearts.

#### David asked God for:

Psalm 51:10 A Pure♥ Psalm 86:11
An undivided 
that fears
God

Psalm 86:12
A that
Praises God

Psalm 119:10
A that
Seeks God

Psalm 119:11
A that
Loves God's
Word

Give thanks to him **and praise his name.**Psalm 100:4b-5a

## A Morning Prayer Read Psalm 92:1-4

The writer of this Psalm praises God in the morning and at night. Draw a picture of yourself praising God in the morning and at night.









#### Read Lamentations 3:21-26

We can praise God because His love and mercy never run out. He has all new love and all new mercy to give us every morning and all through the day. God is always faithful.

WHY should we give thanks to God and praise His name? Because He is good! Have an adult say the first part of this verse to you. Then, you can ask them, "WHY?" and they will say the second part. Then, switch places and have the adult ask "Why." You can say "WHY?" in a loud voice, a soft voice, a deep voice, a high voice, or a silly voice!

Give thanks to him and praise his name. **For the Lord is good...** Psalm 100:4b-5a













### **An Evening Prayer**



Do you ever feel scared at night? Sometimes I do! But, we don't have to feel scared when we remember that God never sleeps. He is our helper, keeper, and protector all through the night. We can pray to Him at any time in the night, and He always hears us!

#### Read Psalm 121

Color the card below and cut it out. Then, put it in your Bible to mark Psalm 121 OR put it next to your bed to help you remember that God is always with you, even at night!

WHY should we give thanks to God and praise His name? Because He is good AND His love endures forever! Try adding this next part to your verse.

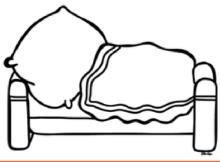
Give thanks to him and praise his name. For the Lord is good and his love endures forever; Psalm 100:4b-5a

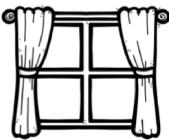






My help comes from the Lord, the Maker of heaven and earth. He will not let your foot slip he who watches over you will not slumber:





The Lord will keep you from all harm—he will watch over your life;

Psalm 121

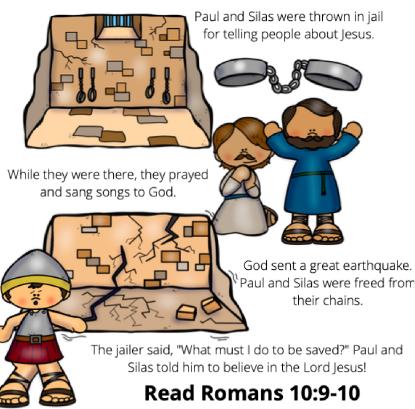






Paul and Silas were missionaries. God sent them to tell people about Jesus. One day, they were thrown in jail for telling people about Jesus.

#### Read Acts 16:25-34



Do you believe in Jesus as your Savior?

Wash away all my iniquity, and cleanse me from my sin.
Psalm 51:2

Give thanks to him and praise his name. For the Lord is good and his love endures forever; Psalm 100:4b-5a

## A Prayer for Faith

One day, a father brought his son to Jesus. This son was very sick with an evil spirit. The father asked Jesus to heal him. But, the father was having a hard time believing that Jesus actually **could** heal him.

#### Read Mark 9:20-29

What did th	ne father a	sk Jesus i	n verse 22?
-------------	-------------	------------	-------------

If you can do anything, please help us.	Please pray for us.			
Please give us money for a doctor.	Please give us food.			
The father in this story said to Jesus, "If you can do anything, please help us." He wanted Jesus to heal his son - He just wasn't sure if Jesus really could. Jesus told the father that all things are possible to those who believe and have faith in God.  What does the father ask Jesus for in verse 24?				
Please take my son with You	Help me to helievel			



Please take us to heaven.

If you are struggling to believe in God today, you can pray and ask God to help you. Just like this father, you can say, "God, please help me to believe in You! Please help me to know that You are real and that You are strong enough to save me and help me. Please help me to have faith in You!" God loves to answer this prayer!

Do you know a doctor?

#### **Read Hebrews 11:6**

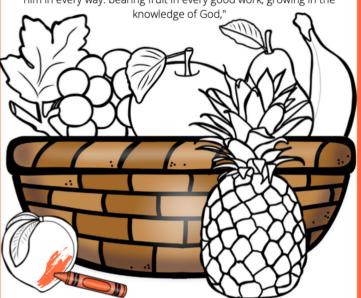
Today we will start learning a prayer of praise!

Every day I will praise you... Psalm 145:2



## A Prayer to Please God Read Colossians 1:9-12

This is what Paul prayed: "We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the



What kind of "fruit" was Paul asking God to give to the people? Find out in the passage below:

#### Read Galatians 5:22-23

You can pray and ask God for these "fruit" in your life, too!

Every day I will praise you **and extol your name**... Psalm 145:2





Hezekiah was a King who feared God. After he had been king for 14 years, a bad king from a different land came up to fight against him. This bad king sent a letter to King Hezekiah saying that God wasn't strong enough to save him and his people.

What do you think that King Hezekiah did? He took the letter and spread it out. Then, he bowed down and prayed. He asked God for help!

#### Read 2 Kings 19:14-19

Draw a picture of King Hezekiah praying in the box below. Don't forget to include the letter!

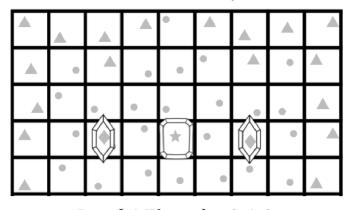
#### Read 2 Kings 19:32-36

King Hezekiah knew that God is WAY bigger than any problems we could ever have, no matter how big our problems may seem. When you are facing problems, follow King Hezekiah's example and talk to God about them! God always hears our prayers.

Every day I will praise you and extol your name **for ever and ever.** Psalm 145:2



Paul tells us to pray for a special group of people. Color the squares below for a clue about who Paul tells us to pray for.



#### Read 1 Timothy 2:1-2

Paul tells us to pray for kings and all who are in authority. Many countries don't have kings now, but we all have government leaders such as a President or Prime Minister. What is the name of your government leader? Ask an adult to help you write the name below:

Take a moment to pray for this person. Ask God to give them wisdom as they lead and to help them come to know Jesus as their Savior if they don't know Him yet.

Can you say this prayer of praise from memory?

Every day I will praise you and extol your name for ever and ever. Psalm 145:2

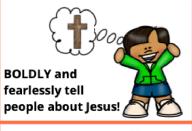


## A Prayer for Pastors, Missionaries, and Teachers

The Apostle Paul asked people to pray for him - and he gave them a list of things that he needed prayer for! We can pray these same things for ourselves and for our pastors, missionaries, and teachers.

Here is Paul's list of prayer requests:

#### Pray that I would:



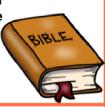
Have an "open door" (opportunities!) to tell people about Jesus!



Speak clearly so that people would understand the Gospel



Be rescued and protected from people who are trying to stop me from telling others about Jesus



## Read Ephesians 6:18-20; Colossians 4:2-4; and 2 Thessalonians 3:1-5

Think of the name of a pastor, teacher, or missionary. Then, pray these things for them!

Every day I will praise you and extol your name for ever and ever. Psalm 145:2



### A Prayer for Wisdom

#### Read 1 Kings 3:5

- What did God say to Solomon?
- "When will you start building a temple?"
- "Ask for whatever you want me to give you."
- "Are you already asleep?"

## Read 1 Kings 3:7-9 What did Solomon ask for?

Gold and jewels

- A long life / health)
- A discerning heart (wisdom)
- To have no enemies



#### Read 1 Kings 3:10-14

God was pleased that Solomon asked for wisdom. You can ask God for wisdom, too. God promises that He will give wisdom to all people who ask Him for it!

#### Read James 1:5

What does God promise to give us if we ask for it?

- Money
- Health
- OA house
- Wisdom

You have learned a prayer of confession, a prayer of praise, and a prayer of thanksgiving. Today, we will start working on an asking prayer.

Teach me your ways... Exodus 33:13



### A Prayer to Know God

Moses was a great leader, a man who loved God, and a man of prayer. He asked God for something special. He asked God to teach him God's ways. In the puzzle below, put an X on all of the animals that can fly. Then, ask an adult to help you read the special message.

#### Why did Moses ask God to teach him God's ways?



#### Read Exodus 33:12-14

Moses knew that the most important thing in life was getting to know God better. This is a prayer that you can pray, too!

Read Philippians 3:7-11

How can we know God's ways? Look at the clue to help you know!



Teach me your ways **so I may know you...** Exodus 33:13



## Paul's Prayer of Hope

Imagine receiving a letter from the Apostle Paul telling you that he was praying for you! What do you think that Paul might say? Write your name on the line below. Then, have an adult help you read the letter.



### Read Ephesians 1:15-23

Here is the last part of your verse. Moses wanted to know God's ways so he could know God better and please or find favor with God.

Teach me your ways so I may know you **and continue to find favor with you.** Exodus 33:13



### What If I Don't Know How to Pray?

Are you ready to learn a really big word?
Here we go: The new word is "Intercede." Can you say that?
To intercede means to go in between two people and help them come together.





Did you know that, if you have put your faith in Jesus Christ as your Savior, the Holy Spirit now lives in your heart? You can't see Him, but He is there. The Holy Spirit helps you to understand God's Word and He helps you to know when you have sinned. The Holy Spirit also "intercedes" for you when you don't know how to pray. He goes between you and God, helping you to pray.

Sometimes our hearts get heavy and sad. Sometimes we get frustrated and confused. We want to pray, but we don't know how. In those times, the Holy Spirit intercedes or goes between us and God, praying for us in exactly the right way! Listen to the verse below. When you hear the word "intercedes", raise your hand. Listen closely!

#### Read Romans 8:26-27

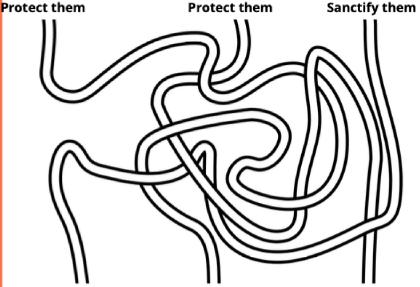
Teach me your ways so I may know you and continue to find favor with you. Exodus 33:13



## Jesus Prays for

(Write your name here!)

On the night before He died on the cross, Jesus prayed for all believers. If you believe in Jesus as your Savior, then He prayed for you, too. Color the paths below in different colors to discover three of the things that Jesus asked God the Father to do for us.



by the truth; your word is truth.

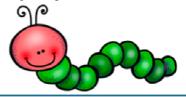
by the power of your name.

from the evil one.

Read John 17:11, 15, 17, and 20-26

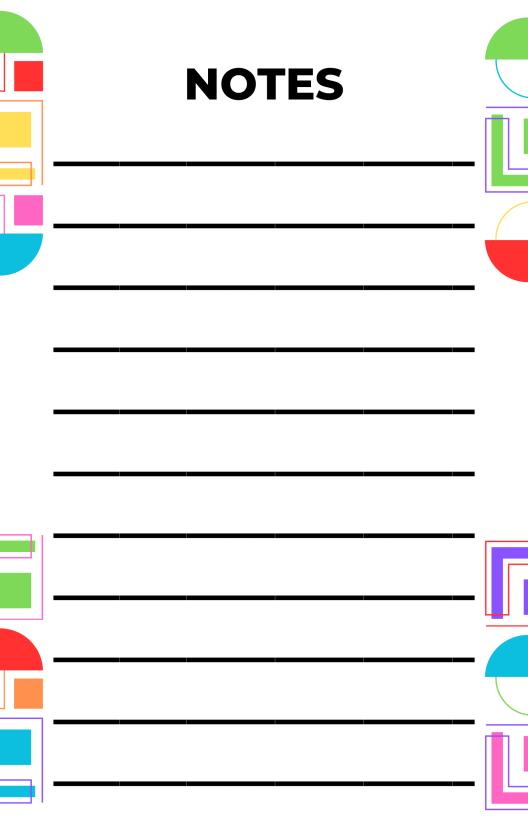


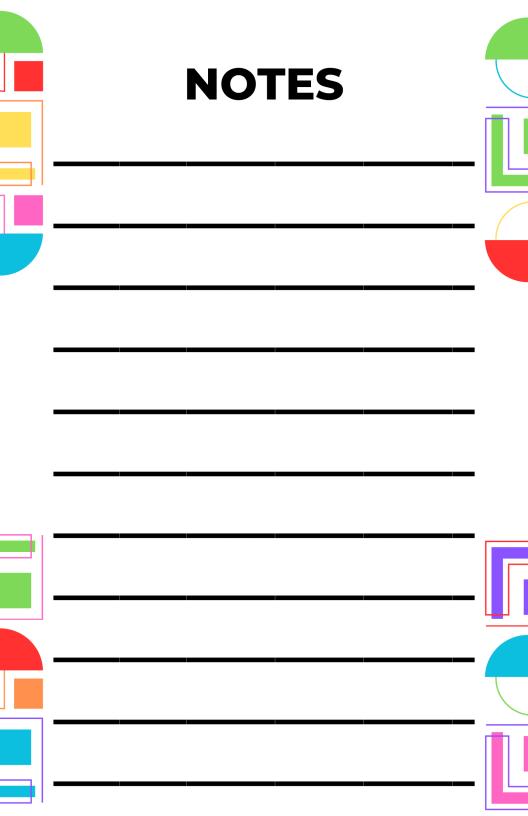
**Sanctify** means to set apart, make holy, or cleanse from sin.

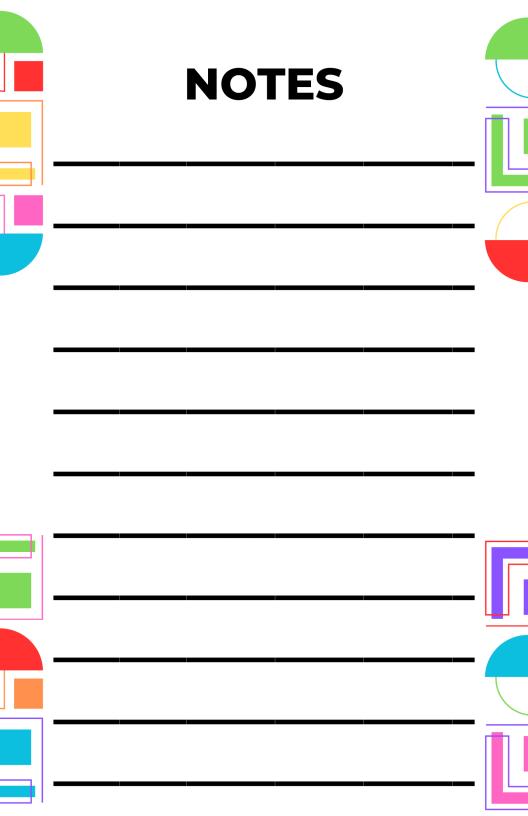


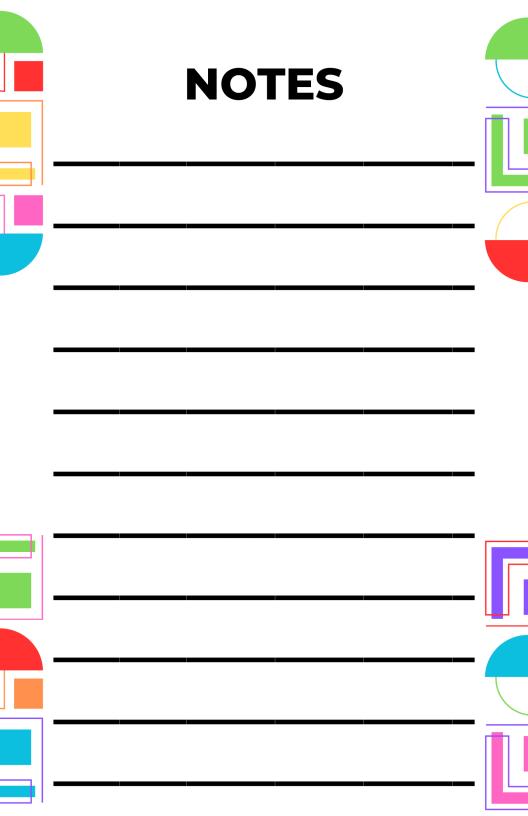
Which of the 5 Bible verses that you have learned is your favorite? Can you say it from memory?













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