

What is CADES?

We are a licensed adult day center dedicated to providing a secure, structured, and caring environment for adults whose needs prevent them from staying safely at home alone.

Our program helps maintain each participant's level of functioning as long as possible by promoting independence, dignity, and self-worth. Participants attend the days and hours which meet personal scheduling needs. Drop-ins are welcomed with prior approval and acceptance into CADES.

CADES serves adults without regard to any religious affiliation who are:

- Ambulatory or semi-ambulatory
- Capable of basic self-care
- Able to adapt to a group setting
- Experiencing depression, social isolation, or memory loss

Concord Adult Day Enrichment Services

11020 Roane Drive,
Knoxville, TN 37934
865-675-2835

www.concordunited.org/CADES

CADES@ConcordUnited.org



Concord United Methodist Church
11020 Roane Drive
Knoxville, TN 37934
(865) 675-2835



Improving the
quality of life
FOR SENIOR ADULTS
& THEIR CAREGIVERS



Why CADES?

Structured programming helps participants maintain or improve their functioning ability for as long as possible.

Social interaction helps participants avoid isolation and loneliness that may lead to depression.

Trained staff specialized in working with individuals with dementia or memory loss. CADES is also a training site for student interns.

Our ongoing support, education, and respite provides the skills for more effective caregiving.

Exercise programs including seated exercise as well as individual workouts in our adaptive equipment room.

Outdoor living through community gardening and walking areas.



Admission Process

Self-referral, physician referral, or community referral

Scheduled assessment interview with participant and caregiver

Medical examination report required prior to enrollment

Our Services

Monthly Health Checks

Exercise Programs

Active and Passive Games

Reminiscent Activities

Intergenerational Contact

Pet Therapy

Educational Programs

Arts and Crafts

Gardening

Travelogues

Guest Speakers

Nutritional Snacks

Music



Who We Serve

YOU, THE CAREGIVER

Our mission is to enhance the quality of life for those who find themselves responsible for the safety and care of loved ones who should no longer be left home alone. Caregivers can resume a more normal schedule while participants are in our care during the day.

YOUR LOVED ONE

We enable our participants to continue to remain in their homes, avoiding premature institutional placement. We are committed to showing respect for personal dignity, celebrating individuality, promoting independence and growth, and valuing the sacredness of human life.

Hours of Operation

Monday–Friday 8:30 a.m. to 4:30 p.m.

Participants attend the days and hours which meet personal schedules.

Licensed by the State of Tennessee Department of Human Services to conduct and maintain an adult day care center.